



Ref. No. NA/S/CIR/06/25-26

Dated 28th November 2025

CIRCULAR

I am pleased to inform that the Nagaland Athletics Association (NAA) will be organizing the 2nd Nagaland Cross Country Championships 2025 on the 18th of December 2025 at **Ruovi's The Palm, Model Village 5th Mile, Chumoukedima**.

This championship is an initiative of the Nagaland Athletics Association and aims to promote long-distance running, identify emerging talent, and select promising athletes to represent Nagaland at the 60th National Cross Country Championships 2026. The Championships shall be organized in accordance with the Rules of Athletics Federation of India.

Details of the Championships:

1. The competition will be organized in Men, Women, Under 20 Years (Boys & Girls), Under 18 Years (Boys & Girls) and Under 16 Years (Boys & Girls) categories.

2. CROSS-COUNTRY RACES & DISTANCES

The competition will feature the following Cross Country Race categories:

Men	10 KM	Women	10 KM
Under-20 BOYS	8 KM	Under-20 GIRLS	6 KM
Under-18 BOYS	6 KM	Under-18 GIRLS	4 KM
Under-16 BOYS	2 KM	Under-16 GIRLS	2 KM

3. Procedure for sending entries:

The entries should be submitted **"ONLINE"**. Entries sent by mode other than **"ONLINE"** will not be accepted. Last date for receipt of **Entries is 12th December 2025**.

4. Competition Fees:

Senior Athletes - Rs. 300/- per athlete
Junior Athletes - Rs. 200/- per athlete

5. Eligibility Criteria

- The date of reckoning the age for Junior Athletes will be 24 January 2026.
- An athlete can participate in his/her age group only.
- All athletes must be registered under AFI in order to participate in the Championships.
- Entry of Athletes below 14 years of age as on 24 January 2026 will not be accepted.
- AFI-UID and Aadhar Card shall be mandatory for age and document verification.

NAGALAND ATHLETICS ASSOCIATION Regd. No. RS/314/dt/7.7.81 Affiliated to Athletics Federation of India and Nagaland Olympics Association
Head Office / HQ : NOA Office Complex, Officers' Hill, Raj Bhawan Road, Kohima, Nagaland, Pin - 797001



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6. Age Bracket:

U20 Boys & Girls:	Born between 25.01.2006 & 24.01.2008
U18 Boys & Girls:	Born between 25.01.2008 & 24.01.2010
U16 Boys & Girls:	Born between 25.01.2010 & 24.01.2012

7. Boarding & Lodging: Participants are required to make their own arrangements for accommodation and food.

8. Participants with promising performance will be selected to represent Nagaland State at the 60th National Cross Country Championships 2026.

9. Verification of age and documents; and issuing of Bibs will be conducted on the 17th of December 2025 at Ruovi's The Palm, Model Village 5th Mile, Chumoukedima from 12 PM till 2 PM.

10. Participation is voluntary, and athletes will compete at their own risk and responsibility. The organizers shall not be held responsible for any loss of life, damage, illness, or injury related to participation in the 2nd Nagaland Cross Country Championships 2025.

Contact for Details

Regd. No. RS/314/dt/7.7.81

For further information regarding events, eligibility, and entry submission, kindly contact:

- **Mr. Purna Konyak**, Senior Joint Secretary – 9402681057
- **Mr. Moalong Jamir**, Technical Committee Member – 8787852190

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Mhonsao Ngullie
Honorary Secretary
Nagaland Athletics Association

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